



RULES AND REGULATIONS

USPSF Aerial Division

2018

AERIAL DIVISION

US Pole Sports Federation

Performance Time

Amateur Levels: 3:20 – 3:30

Professional 3:50 – 4:00

Artistic Score - 50 points (max earned)

Each category of artistry will be judged on a scale from 1 -10 with 10 being the best.

Artistry Categories: (Each worth 10 Points)

- Flow, musicality
- Stage presence, confidence
- Choreography
- Originality
- Theme (music choice, costume, character, story)

Execution Score - 50 points (max less deductions)

Each competitor will start with 50 points for execution. A one point deduction will be given for each and every occurrence of poor execution (lack of pointed toes, soft knees, poor transitions, slips, falls, costume malfunction, failure to stop and start with music, poor execution (includes trying to do moves harder than your abilities), and loss of balance). A competitor cannot go under 50 points. No negative scores will be given.

Difficulty Score- 50 points

Each performance will be judged on a scale from 1 -10 with 10 being excellent. The competitor must show expertise or mastery of the category at their own difficult level to receive a high score. If a competitor does not perform well within a category their score will be lower. If a competitor does not do any moves from a category he or she will not receive any points for that category.

Required Categories of Elements:

- Mounting apparatus (5 Points)
- Inversions (10 Points)
- Climbs (Aerial Silks Only) (10 Points)
- Dynamic Moves (Lyra Only) (10 Points)
- Drops (please note the silks will only be 12 feet tall). (5 Points)
- Flexibility Moves (10 Points)
- Strength Moves (10 Points)

Scores will be added together and the competitor with the highest score wins. In the case of a tie, the competitor with the highest difficulty score will win. Maximum total points is 150.